

Local Substance Use Resources Tyngsborough

FREE NARCAN RESCUE KITS

Available at the Board of Health counter located in Town Hall Inspectional services area or access a contact free Narcan distribution box.

For questions or distribution box locations call the BOH: 978-649-2300 Ext. 118

Lowell House Inc.

- Residential programs
- Structured outpatient addictions programs
- Support groups
- Contact:
 - Call: 978-459-8656
 - 101 Jackson Street, Lowell, MA 01852

Heartfelt Recovery Centers

- Outpatient and inpatient programs
- Partial hospitalization Program
- Medication assisted treatment
- Contact:
 - Call: 603-207-1633
 - 41 Sagamore Park Road, Hudson, NH 03051

Next Stop Sober

- Individual and group counseling
- Family counseling and support
- DUI evaluation and counseling services
- Contact:
 - Call: 1-888-407-4799
 - 100 Merrimack Street, Suite 301E, Lowell, MA 01852

Clean Slate

- Outpatient treatment
- Contact:
 - Call: 781-348-9041
 - 170 Main Street #G4-G8, Tewksbury, MA 01876

Recovery Cafe

- Member driven peer recovery support center
- Activities, clubs, and much more!
- Contact:
 - Call: 978-677-6087
 - 20 Williams Street, Lowell, MA 01852





24/7 Hotlines

Massachusetts Substance Use Helpline

Call: 800-327-5050

SAMHSA's Substance use and Mental Health Helpline

Call: 800-662-4357

988 Suicide and Crisis Lifeline

Call: 9-8-8

Boys Town Teen Hotline

Call: 800-448-3000

Text: VOICE to 20121

Anonymous Support Groups

N.E. Narcotics Anonymous

Call: 866-624-3578

Visit: nerna.org/find-a-meeting/

Alcoholics Anonymous

Visit: aa.org/find-aa

Support For Friends and Family

Learn to Cope

- Education, resources, and support.
- Call: 508-738-5148
- Visit: learn2cope.org

Families Anonymous

- 12 Step fellowship for family and friends.
- Call: 800-736-9805
- Visit: familiesanonymous.org

*Scan here to be connected
with the full Tyngsborough
resource list!*

