

**Meeting Notice**  
**Tyngsborough Council on Aging**  
**Meeting Agenda**  
**January 20th, 2026**  
**3:30 p.m.**  
**Center for Active Living, 169 Westford Road**

1. Welcome!
2. Approval of minutes from 12/16/2025
3. Director's report:
  - a. Budget report:
  - b. Upcoming Events:
    - i. What support from CoA Board is needed?
  - c. Newsletter: Information due to Tracy by the 6<sup>th</sup> of the month
  - d. Folder for CoA Board members with bills to sign
  - e. Policy Update: Code of Conduct
4. Old Business/COA Board Member reports:
  - a. Subcommittee updates: Evening Activities:
    - i. Mid-year review: How has this gone? Any feedback from seniors?
    - ii. Bingo: more volunteers needed to help run it
  - b. Dementia Friendly subcommittee update: Cheri and Margaret
    1. Next Memory Café:
    2. Follow up: Lyn Brennan: Dementia Friends Session – hosting in April or May
5. New Business:
  - a. Mass General Presentation on Alzheimer's Prevention: Margaret
6. Public Comment:
  - a. Tyngsborough Commission on Disabilities: Rae Ann Jacek
7. Other Business
8. Next meeting: February 17th, 2026 at 3:30
9. Adjourn: